# Sex differences in drug use and drug related problems in Europe 

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Technical meeting on Gender and Drugs

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## Some figures on gender distribution in EU-27, Norway and Turkey in 2020 (or most recent available)

Around 33 millions women ( $40 \%$ ) and 50 ( $60 \%$ ) millions men have tried any illicit drug at least once in life
> > 47 millions men ( $60 \%$ ) and 31 millions women ( $40 \%$ ) have tried cannabis 9 millions men ( $75 \%$ ) and 4 millions ( $25 \%$ ) women cocaine
> > 6 millions of men ( $67 \%$ ) and 3 millions ( $33 \%$ ) women amphetamines 7 millions of men ( $70 \%$ ) and 3 millions ( $30 \%$ ) women MDMA

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    245457 (80%) men
and over 61 939 (20%) women
    have entered drug
        treatment
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796 HIV notifications among men (82\%) and 149 for women (18\%)*
estimated 4700 men (78\%) and 1300 women
(22\%) have died directly because of drugs
DRD

Lifetime prevalence of cannabis use among all adults (15-64) by country in 27 EU + Norway and Turkey 2019 (or most recent year available) and male to female ratios


Source: 2021 Statistical Bulletin, EDR2021 - http://www.emcdda.europa.eu/edr2021) -

## Male to female ratio among clients entering drug treatment in 2020 (or most recent

 available)

Prevalence of any illicit drugs among all adults (15-64) in the EU27 in 2020 (or most recent year available) and male to female ratio


Source: 2021 EMCDDA FONTE data

Life time prevalence of drug use, male to female ratio among all adults in EU27 by substance in 2020 (or most recent year available)


Source: 2021 EMCDDA FONTE data - EMCDDA 2021 Statistical Bulletin- (Alcohol: data 2019 or most recent available)

Male to female distribution of clients entering drug treatment in 2020 by primary drugs in EU 27, Norway and Turkey (or most recent year available)


Amphetamines


Cannabis

$16 \% 84 \%$

Heroin


18 \% 82 \%

Methamphetamines


Last year prevalence of any illicit drugs - male to female ratio by age groups 15-34 and 15-64 in EU27 in 2020 (or most recent year available)


Source: 2021 EMCDDA FONTE data

## Demographic characteristics of respondents to the Web Survey on Drugs 2021 ( $\mathrm{n}=50$ 852)



Motivation for using cannabis and MDMA/ecstasy in the last 12 months among males and females


## Males and female distribution of lifetime drug use among people in prison before imprisonment in six European countries



Source: contract HEA.0160.1.0 - Support the EMCDDA with the further development of work in the gender and drug use fields" - Contractors: Cristiana Vale Pires \& Linda Lombi; EQDP data

HCV prevalence (\%) among PWID males and females in 2013/2014 studies in 18 countries


## Trend in \% of females and males out of all first time treatment entrants between 2010 and 2020



Source: 2021 EMCDDA data - FONTE reports- Based on data from 21 countries

## Number of drug-induced deaths reported in the European Union and Norway between 2000 and 2020, or most recent year, by sex



| Var $\%$ 2000-2020 |  |
| :--- | :--- |
| TOTAL | $-2 \%$ |
| Males | $-13 \%$ |
| Females | $+15 \%$ |

# Trend 1995-2019 - Lifetime prevalence for recent alcohol use, heavy drinking episodes, and any illicit drugs among boys and girls young students 15-16 in 23 EU countries 

| Figure 21. | Lifetime use of illicit drugs $\left(^{( }\right)$by gender: |
| :--- | :--- |
|  | 30 -country trend 1995-2019 (percentage) |



Figure 20.
Heavy episodic drinking (five or more drinks on one occasion $\left(^{a}\right)$ ) during the last 30 days by gender: 30-country trend 1995-2019 (percentage) ( ${ }^{\text {b }}$ )


25
15
10
5
$199519992003 \quad 2007 \quad 2011 \quad 2015 \quad 2019$
**: Source: ESPAD 2019 (Molinaro et al., 2019)

Figure 19. Alcohol use in the last 30 days by gender: 30-country trend 1995-2019 (percentage)


## Summing up

- Males outnumber females in drug use and drug related problems
- Male to female ratio is reported to increase with the progression in intensity of drug use
- Age, type of drug, country of residence play an important role in sex differences in drug use
- It is important to look at intersection of gender with other dimensions, including social vulnerability and specific risk factors
- Gender as social structure explains large parts of sex differences in drug use patterns!


## Summing up

- Trend indicate a narrowing of the gender gap in drug use starting from licit substances
- What should we expect next?
- How can we be better prepared to?
- better understand sex and gender differences
- identify intersecting dimensions
- prevent negative consequences of drug use
- facilitate access to treatment


## Symposium on "Gender and drugs" 22 November 2022

## Symposium on gender and drugs


https://www.lisbonaddictions.eu/lisbon-addictions-2022/side-events

