DUDIT Drug Use Disorders Identification Test

Here are a few questions about drugs. Please answer as correctly and honestly as possible by indicating which answer is right for you.

Man 🗆 Woman		Age	e _		
1. How often do you use drugs other than alcohol? Never (See list of drugs on back side.)	Once a m less o		4 times month	2-3 times a week	4 times a week or more often
2. Do you use more than one Never type of drug on the same occasion?	Once a m less o		4 times month	2-3 times a week	4 times a week or more often
3. How many times do you take drugs on a typical day when you use drugs?	0 	1-2 □	3-4 □	5-6 □	7 or more
4. How often are you influenced heavily by drugs?	Never	Less often than once a month	Every month	Every week	Daily or almost every day
5. Over the past year, have you felt that your longing for drugs was so strong that you could not resist it?	Never	Less often than once a month	Every month	Every week	Daily or almost every day
6. Has it happened, over the past year, that you have not been able to stop taking drugs once you started?	Never	Less often than once a month	Every month	Every week	Daily or almost every day
7. How often over the past year have you taken drugs and then neglected to do something you should have done?	Never	Less often than once a month	Every month	Every week	Daily or almost every day
8. How often over the past year have you needed to take a drug the morning after heavy drug use the day before?	Never	Less often than once a month	Every month	Every week	Daily or almost every day
9. How often over the past year have you had guilt feelings or a bad conscience because you used drugs?	Never	Less often than once a month	Every month	Every week	Daily or almost every day
 Have you or anyone else been hurt (mentally or physically) because you used drugs? 	No	Yes, but not o	over the past	year Yes,	over the past year
11. Has a relative or a friend, a doctor or a nurse, or anyone else, been worried about your drug use or said to you that you should stop using drugs?	No	Yes, but not	over the past	year Yes,	over the past year

LIST OF SUBSTANCES

Note: This list of substances has been revised from the original DUDIT to be reflective of the Canadian context. It was developed by Dr. Andrew (Hyounsoo) Kim and subject matter experts from the <u>Community Addictions Peer</u> <u>Support Association (CAPSA)</u>, with support from the Substance Use and Concurrent Disorders Program at the Royal Ottawa Mental Health Centre and the Addiction Centre (Calgary).

Substances in this list do not include: medications prescribed by a doctor taken in the prescribed dosage.

Substances referred to in this list include those that you:

- consume more often than the doctor has prescribed for you
- consume because you want to have fun, feel good, get "high", or wonder what sort of effect they have on you
- have received from a relative or a friend
- bought on the "black market" or stolen

Substance class Substance name (and trade name examples)		Common street names (There may be regional variances in the street names)		
Cannabis Note: Cannabis can be classified into multiple clas- ses	Cannabis, Marijuana, Cannabis sati- va, Cannabis indica Hashish, Hash THC, CBD Synthetic Cannabinoids	Weed, Pot, Herb, Ganja, Grass, Mary Jane, Reefer, Joint, Dope, Chronic, Hemp, Doobie, Roach, Spliff (mixed w/tobacco), Shatter, Dabs, Oil, Edibles, Topicals, Hydro, Hash, Boom, Dab pen, Blunt, Bowl, Bud, Green, Smoke, Indoor/outdoor, Sativa/Indica/hybrid, Kief, Trees, Blue lotus, godfather, herbal incense, kronic, lightning gold, mojo, northern lights K2, Spice		
OpioidsOpioids, opiates, opium Buprenorphine (BuTrans) Buprenorphine-Naloxone (Suboxone) Codeine (Tylenol 2,3,4 – codeine + acetaminophen) Fentanyl (Abstral, Duragesic, Onsolis) HeroinHydrocodone (Tussionex, Vicoprofen) Hydromorphone (Dilaudid) Meperidine (Demerol)Methadone (Methadose, Metadol) Morphine (Doloral, Statex, M.O.S.) Oxycodone (OxyNEO, Percocet, Oxycocet, Percodan, OxyContin) Pentazocine (Talwin) Tapentadol (Nucynta) Tramadol (Ulltram, Tramacet, Tridural, Durela) Kratom (*in low does similar effects to stimulants)		Painkillers, Narcotics Bupe, bute Subby, bupe, sobos Cody, captain cody, T1, T2, T3, T4 Patch, sticky, sticker, nerps, beans, China girl, China white, murder 8, TNT, tango, Apache Smack, H, Dope, Junk, Skag, Dust, Snow, horse, China White, Chiba/Chiva, junk, tar, hell dust Hydro, vike Juice, dillies, dust, hydro's Demmies Meth, drink, done M, morph, red rockets Oxy, hillbilly, percs Ts Unknown Chill pills, ultras		
Stimulants	Cocaine, coca leaves Crack Methamphetamine Methylphenidate (Ritalin, Concerta, Biphentin) Dextroamphetamine (Dexedrine) Amphetamine, dextroamphetamine (Adderall) Lisdexamfetamine dimestylate (Vyvanse) Khat (cathine, cathinone) Betel Nut Phenmetrazine (Preludin) Synthetic cathinone – common drug is bath salts Smoking, nicotine, and vaping	Coke, blow, C, snow, rock, white, soft, bump/line Freebase, hard, rock, candy, flake Meth, ice, chalk, crank, crystal meth, speed, crystal, glass, black beauties Vitamin R, skippy, rids, uppers Bennies, black beauties, hearts, dex Beans, dexies, amps Vanies Abyssinian Tea, African Salad, Catha, Chat, Kat, Miraa, Oat, Qat, Quaadka Betel chew, betel pan, betel paan Bam Drone, MCAT, vanilla sky, blue magic, bath powder Hacking darts, burning		

Substance class	Substance name (and trade name examples)	Common street names (There may be regional variances in the street names)
Sedatives/ Hypnotics/ Anxiolytics Benzodiaze- pines Non- benzodiazepine sleep medica- tion Barbiturates Other	Alprazolam (Xanax) Clonazepam (Rivotril) Diazepam (Valium) Estazolam (ProSom) Flurazepam (Dalmane) Lorazepam (Ativan) Nitrazepam (Mogadon) Oxazepam (Seresta) Temazepam (Restoril) Triazolam (Halcion) Zolpidem (Ambien) Zopiclone (Imovane) Amobarbital (Amytal) Phentobarbital (Nembutal or Luminal) GHB Kava	Xannies, z-bars, bars K-pins, super valium Vs, benzos, tranks, downers Bars, benzos, chill pills Tranks, downers, nerve pills Nerve pills, tranks, downers Jellies, eggs, vallies Benzos, downers, nerve pills Rugby balls, tems, jellies Up Johns, tranks, downers Z-drug, forget-me pills, rophies Z-drug, Angels, blue heavens Barbs, M&Ms, nembies Barbs, nembies, downers G, blue nitro, cherry meth, easy lay, fantasy, fishies, juice, liquid ecstasy, liquid x, scoop Kava kava, kawa, waka, lewena, yaqona
Psychedelics	Psilocybin Lysergic acid diethylamide (i.e., LSD) Ayahuasca	Magic mushrooms, shrooms, mushies, blue meanies, golden tops, liberty caps Acid, trips, tabs, microdots, dots, Lucy, blotters, blue
	N,N-Dimethyltryptamine (i.e.,DMT) NBOMes 2C-B Salvia Mescaline	heaven, window pane, yellow sunshine Huasca, yagé, Kamarampi, Huni, brew, daime, the tea, la purge Dimitri, the spirit molecule, Changa, Fantasia N-bomb, bom-25, 25I, Pandora, Solaris, Divination, Wizard, Smiley Paper Nexus, Bromo Mescaline, BDMPEA, Venus, bees Diviner's Sage, Ska María Pastora, Seer's Sage Peyote, mesc, buttons, cactus
Phencyclidine and Related Substances	Methoxetamine Ketamine Nitrous Oxide PCP	MXE, M-ket, Kmax, Mexxy Special K, K, ket, kitkat, super k or horse trank, vita- min K Laughing gas, nitro, N2O, NOS, nangs, whippet, hip-
		py crack, buzz bomb, balloons Angel dust, super grass, rocket fuel
Note: Acts as a stimulant and hallucinogen	MDMA	Ecstasy, Molly, M, caps, E, pills
Inhalants	Amyl nitrite Other	Poppers, Jungle Juice, liquid gold, rush, purple haze, buzz, whippets, snappers, huff, dusters Glue, gas, gasoline, sniff, huff, chroming
Other	Speedball (mix of opioid commonly heroin, and a stimulant commonly co- caine) Mix of fentanyl and methamphetamine Mix of fentanyl and benzodiazepines	