



European Monitoring Centre  
for Drugs and Drug Addiction

## PREVALENCE AND PATTERNS OF DRUG USE AMONG GENERAL POPULATION INDICATOR (GPS)



Annual Expert Meeting 2014

EMCDDA, Lisbon  
17-18 June 2014



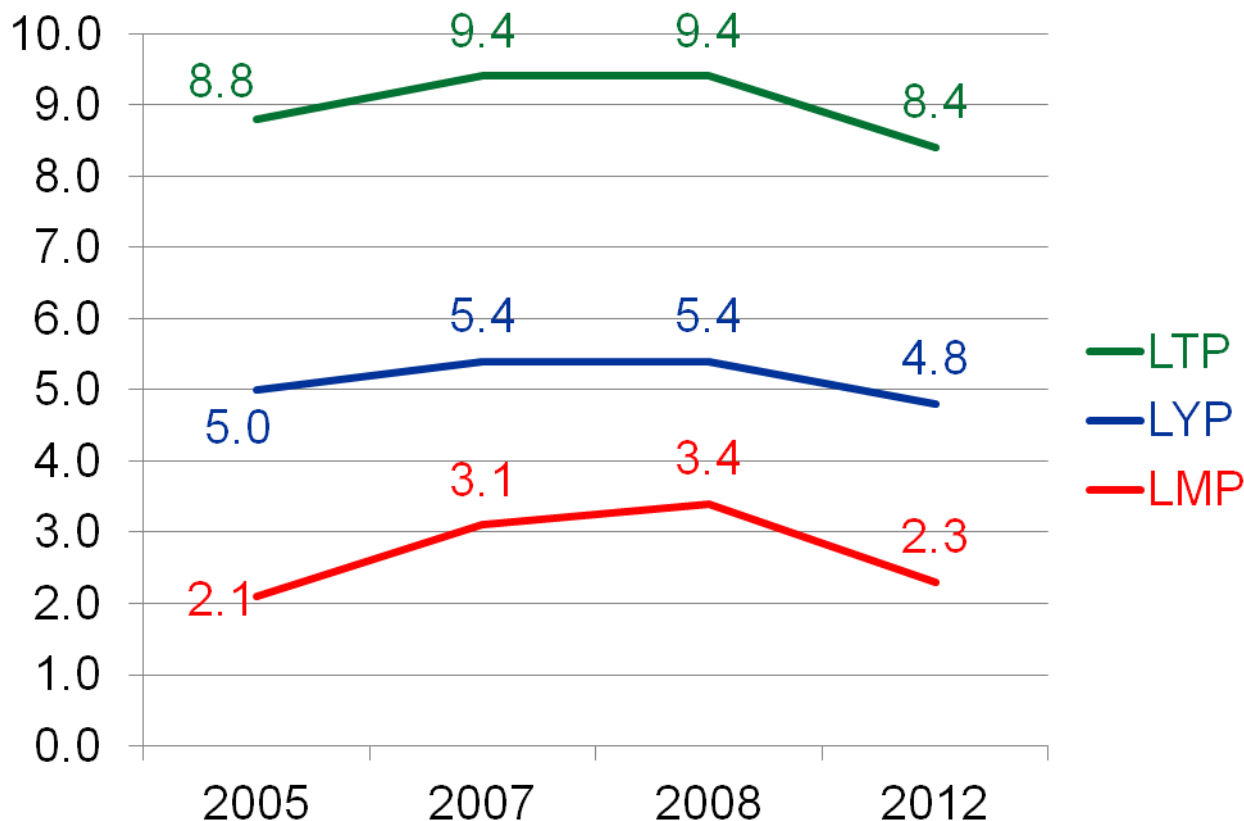
## DEVELOPMENTS AND PROGRESS IN MEDICINES (SEDATIVE-TRANQUILIZERS) USE – RESULTS FROM GENERAL POPULATION SURVEYS IN BULGARIA

*Momtchil Vassilev*  
Bulgarian National Focal Point  
on Drugs and Drug Addictions

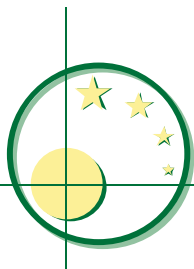


NATIONAL FOCAL POINT ON  
DRUGS AND DRUG ADDICTIONS

## MISUSE OF SEDATIVES AND/OR TRANQUILIZERS WITHOUT PRESCRIPTION IN THE NATIONAL GENERAL POPULATION SURVEYS (2005-2012, LTP, LYP, LMP)



- Compared to 2005 the level of use looks **stable**, compared to 2008 there is **decrease**, more considerable for LTP and LMP;
- Appr. 385-415 000 Bulgarian citizens 15-64 years old have used sedatives and/or tranquilizers without prescription **at least once in their life**; appr. 95-125 000 did it **in the last month**



## NATIONAL GENERAL POPULATION SURVEY 2012

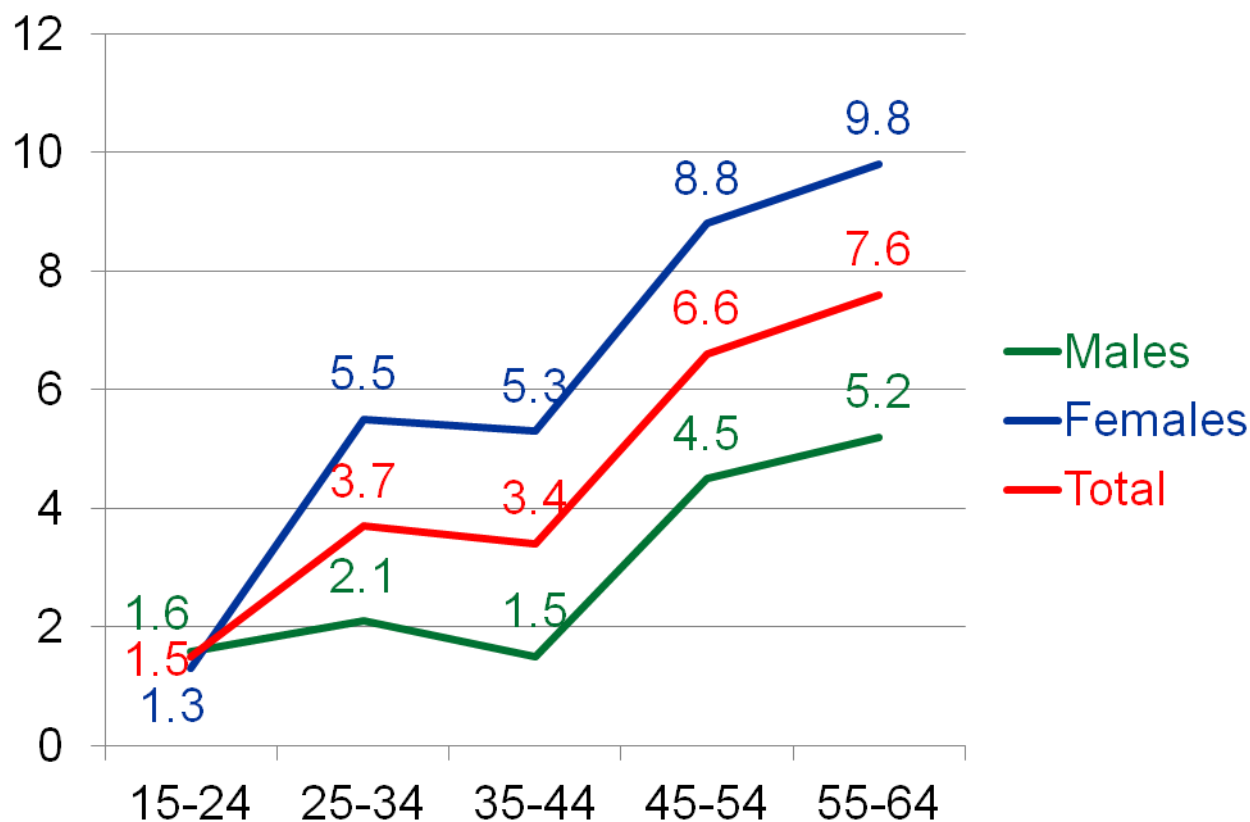
It was addressed to the population aged **15-64** and the sample was based on random selection.

A total of 5 330 persons within the above mentioned age group were covered. Nationally representative random sample has been implemented covering **more than 100 cities, towns and villages** in the country.

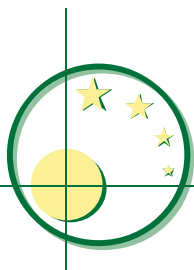
Data collection has been made in November – December 2012 by the Sociological Agency SOVA HARRIS.



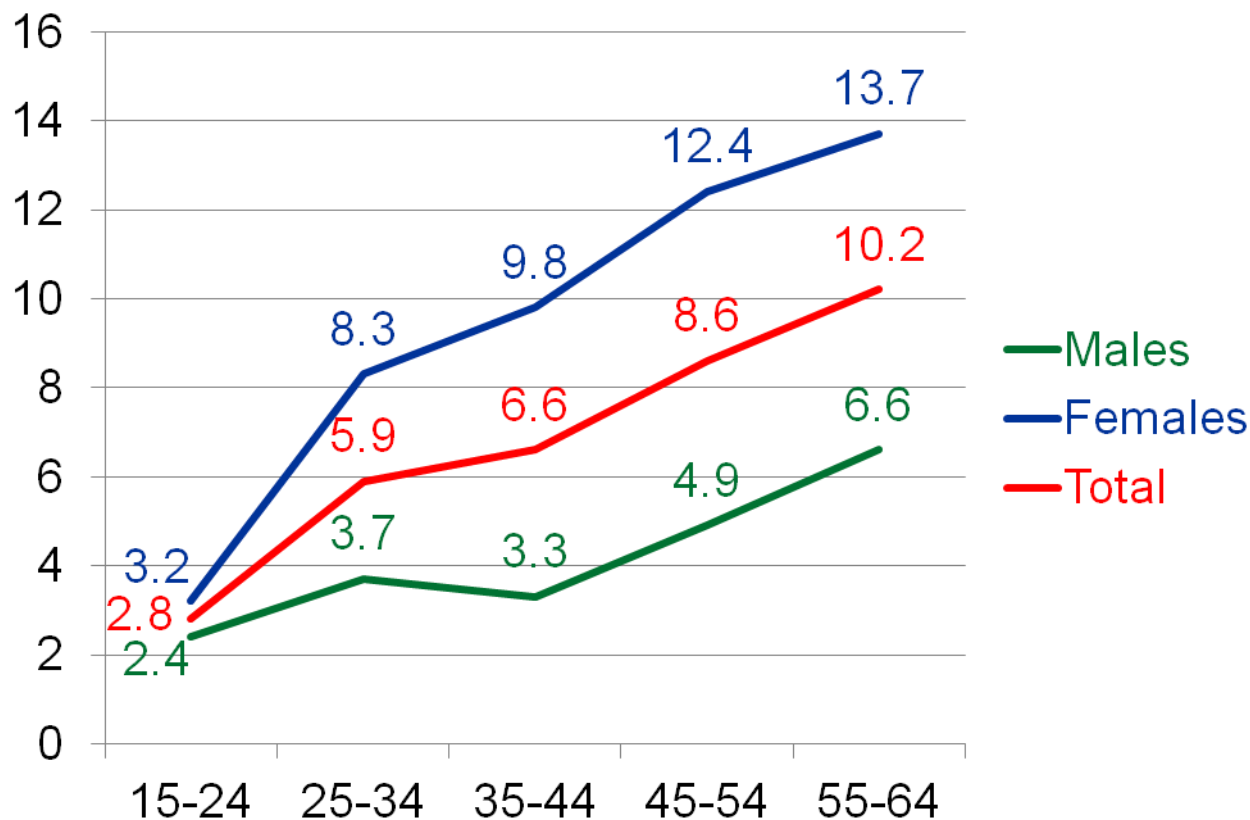
## LIFETIME PREVALENCE OF SEDATIVES MISUSE WITHOUT PRESCRIPTION IN NATIONAL GENERAL POPULATION SURVEYS (2012 by gender and age)



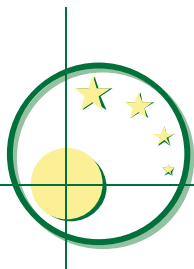
- Appr. 350-380 000 Bulgarian citizens 15-64 years old have used **sedatives** without prescription **at least once in their life**;
- In general in 2012 the use of **sedatives** increases about **5 times** from the youngest to the oldest age group; this increase is **more considerable among the women** than among the men



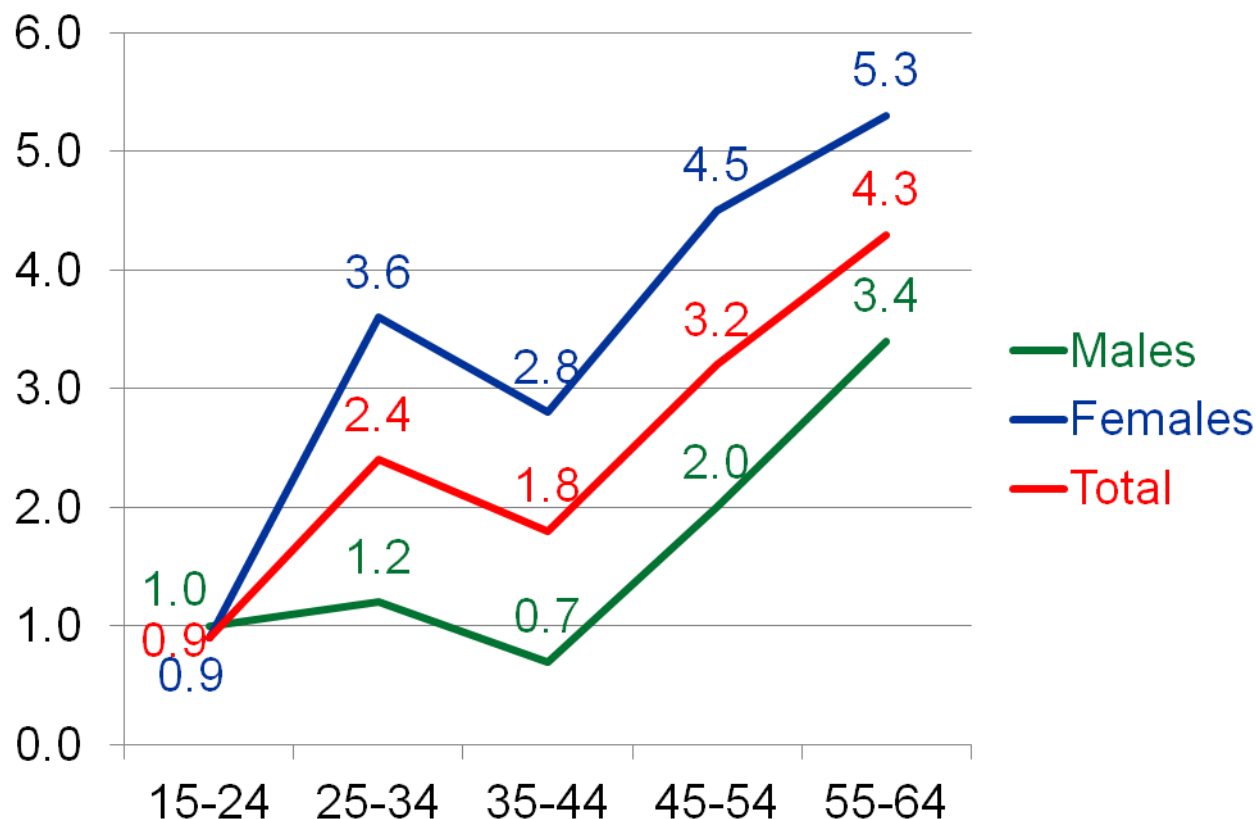
## LIFETIME PREVALENCE OF MISUSE OF TRANQUILIZERS WITHOUT PRESCRIPTION IN NATIONAL GENERAL POPULATION SURVEYS (2012 by gender and age)



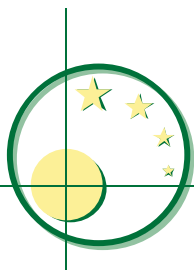
- Appr. 455-505 000 Bulgarian citizens 15-64 years old have used **tranquilizers** without prescription **at least once in their life**;
- In general in 2012 the use of **tranquilizers** increases almost 4 times from the youngest to the oldest age group; this increase is **more considerable among the women** than among the men



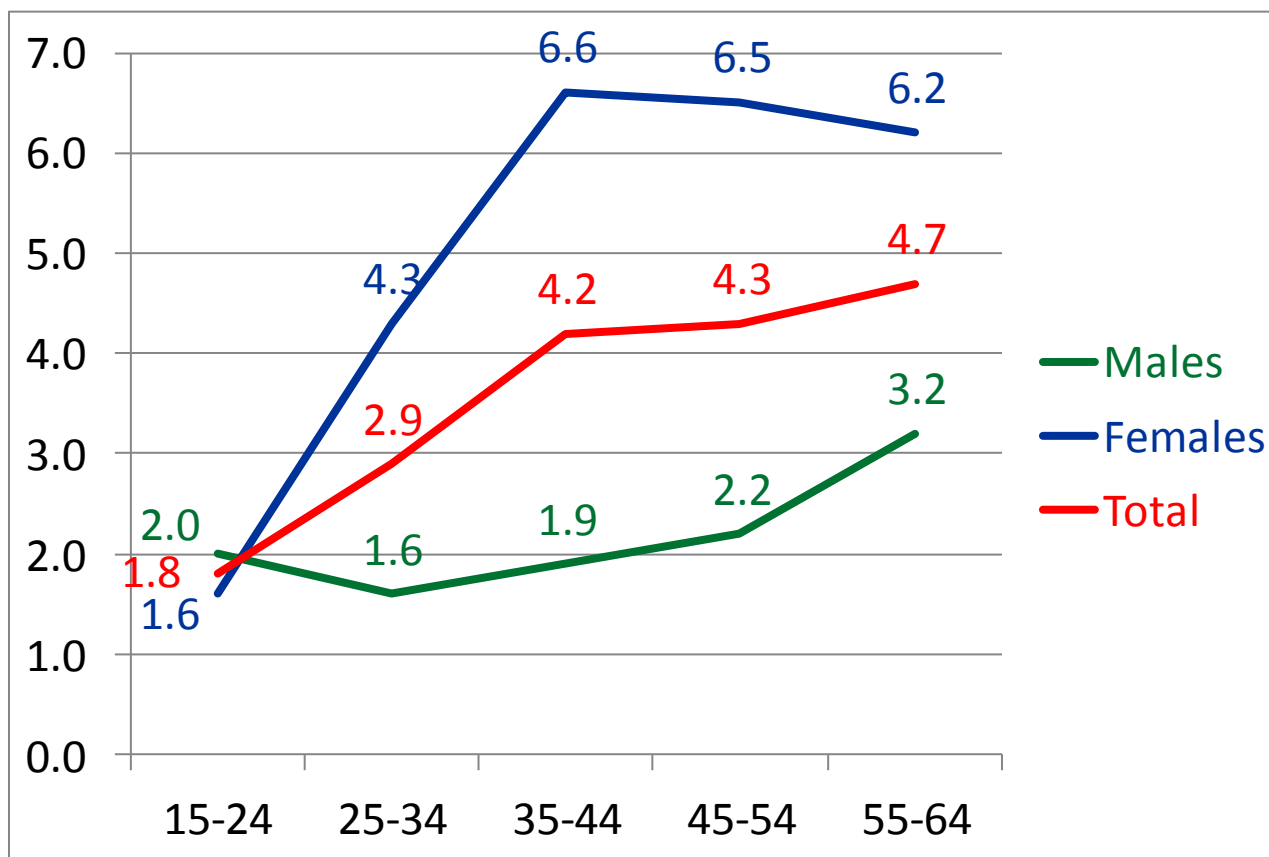
## LAST 12 MONTHS PREVALENCE OF SEDATIVES MISUSE WITHOUT PRESCRIPTION IN NATIONAL GENERAL POPULATION SURVEYS (2012 by gender and age)



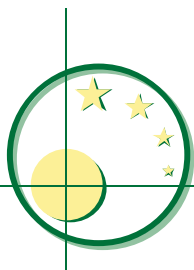
- Appr. 195-220 000 Bulgarian citizens 15-64 years old have used **sedatives** without prescription **at least once in the last 12 months**;
- In general in 2012 the use in the last 12 months of **sedatives increases about 5 times** from the youngest to the oldest age group; this increase is **more considerable among the women** than among the men



## LAST 12 MONTHS PREVALENCE OF MISUSE OF TRANQUILIZERS WITHOUT PRESCRIPTION IN NATIONAL GENERAL POPULATION SURVEYS (2012 by gender and age)

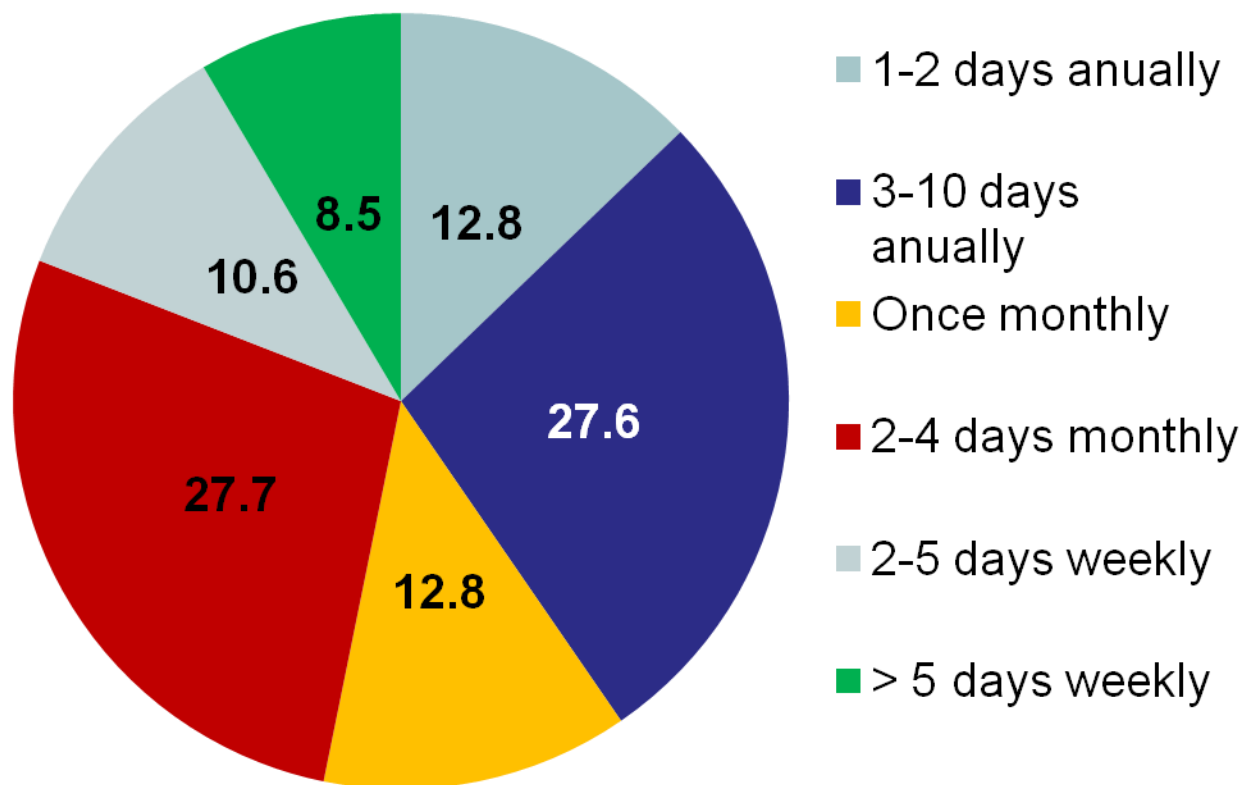


- Appr. 205-250 000 Bulgarian citizens 15-64 years old have used **tranquilizers** without prescription **at least once in the last 12 months**;
- In general in 2012 the use in the last 12 months of **tranquilizers** **increases between 2 and 3 times** from the youngest to the oldest age group; this increase is **more considerable among the women** than among the men





## FREQUENCY OF USE OF SEDATIVES AND/OR TRANQUILIZERS WITHOUT PRESCRIPTION DURING THE LAST 12 MONTHS IN BULGARIA (GPS 2012)

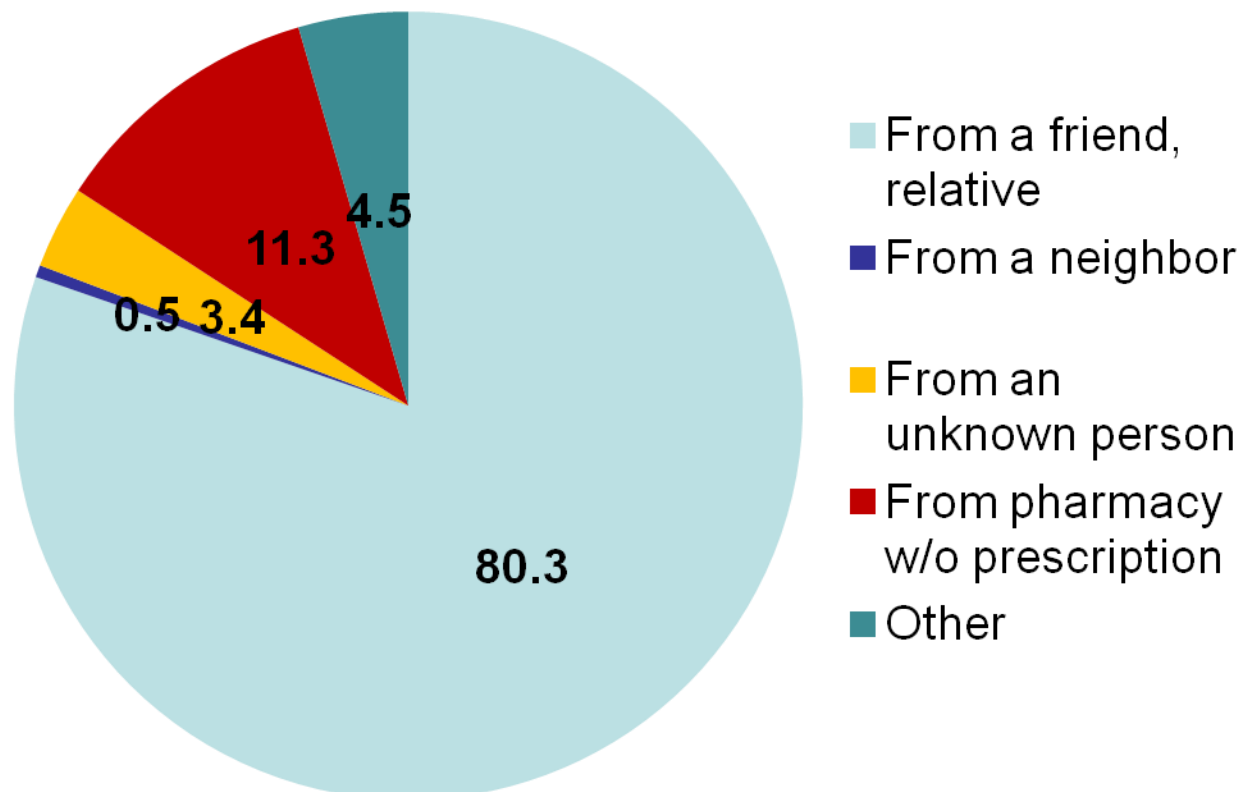


**About 8.5 %** of those who have used sedatives and/or tranquilizers in the last 12 months had such use practically every day

*Note: only for those who have used S&T in the last 12 month; n=251, 4.7 %*



## HOW THE SEDATIVES AND/OR TRANQUILIZERS USED WITHOUT PRESCRIPTION HAVE BEEN PROCURED LAST TIME (GPS 2012)

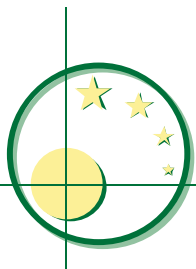
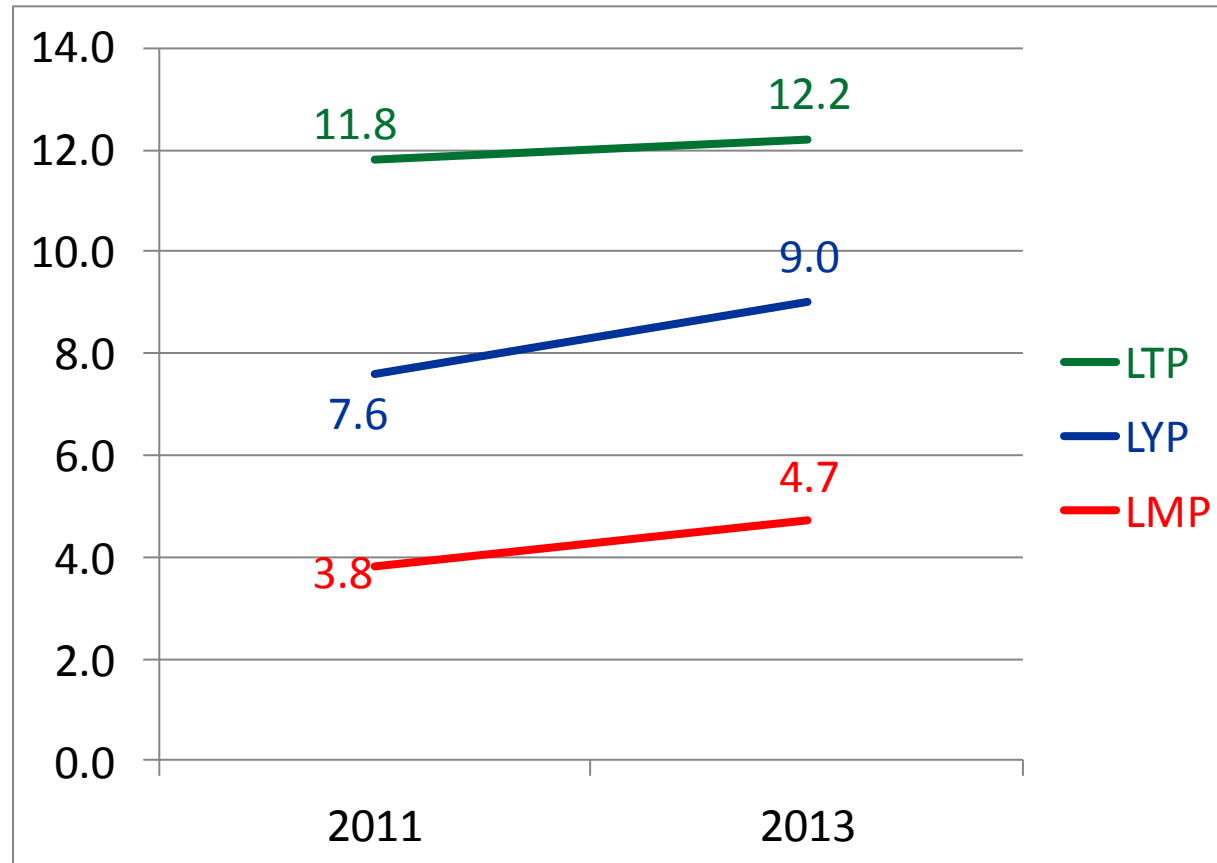


**More than 80 % of those who have used sedatives and/or tranquilizers in the last 12 months have obtained them from friend(s) or relative(s)**



*Note: only for those who have used S&T; n=203, 3.8 %*

## MISUSE OF SEDTIVES AND/OR TRANQUILIZERS WITHOUT PRESCRIPTION IN THE NATIONAL NON-ESPAD SCHOOL SURVEYS 15-19 (2011-2013, LTP, LYP, LMP)



Thanks for the attention!