Prevention systems: How to transform evidence into practice

Stockholm: Local strategy according to national guidelines

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TODAY:

Background: Sweden & Stockholm

Example: The Three City Project

Prevention is...
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Background to drug preventive work in Sweden and Stockholm

United Nations

European Union

**Sweden:** Laws, National Strategy on Alcohol, Narcotic drugs, Doping and Tobacco

National authorities: Nat. Inst. Of Public Health,…

Regional level: County council, & County Administrative Board; 26 communes in Stockholm county

Local level: City of Stockholm
Stockholm
- The City on the Water

• Capital of Sweden
• + 880 000 inhabitants, approx. 2 million in the county
• 42 000 employees, 250 schools
• 14 District Councils
CITY OF STOCKHOLM:

City Council

8 Divisions

Social Affairs Division

14 District Councils

16 Specialist Committees

17 Companies

District Prevention Coordinators

"Spider-club"

Social Services Administration

Social Development Unit

Prevention Group
Stockholm’s infra-structure for prevention

**Steering documents:** Budget, STAN, Crime Prevention-programme

**Funding:** City Budget, National ANDT-strategy

**Staffing:** Social Development Unit, local coordinators in the districts, thereby creating a *critical mass* of professional people discussing prevention

**Monitoring the situation:** Stockholm Survey, Safety Audit

**Action:** Everyday work in the districts: Schools, Youth Centers, …

**Follow up:** Web-based report system, indicators, Stockholm Survey

**Quality:** Research contacts
National cohesive ANDT-strategy

Three City Project

Stockholm: Extra funds

Cannabis
Share of those who ever have used illegal substances
(from the Stockholm S...
2012-2014
Add to what already is being done: Quality development, Prevention, Early intervention, Treatment, Dissemination
THREE CITY PROJECT: ORGANIZATION

- ANDT-secretariat, Ministry of Health & Social Affairs
- National Cannabis Reference Group
- National Three City Project Steering Group
- National Three City Project Research Group
- National Three City Project Working Group
- Three City Project Steering Group - Stockholm
- Three City Project Steering Group - Gothenburg
- Three City Project Steering Group - Gothenburg
- Three City Project Working Group - Stockholm
- Stockholm: Local researchers
- Stockholm: Local, regional, national & international contacts
DEVELOPMENT OF PREVENTION:

- Quality
- Inclusion
- Needs of participants
- Mobilization
- Mapping
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"YOUTH IN BIG CITY"

- Adults close to young people - dare – aware
  - This is important
  - Feel updated
  - Know what to do

- Adjusted educations in several steps

- Professional
  - Different occupations

- Stockholm has approx. 100,000 young (13-23 years)

- Parents
"YOUTH IN BIG CITY"

Needs analysis and mapping
- The Stockholm Survey
- Survey among professionals
- Focus groups among youth (15 & 17 years)
- Reference groups for every professional group

Tailor-made educations for different professional groups
Steps 1-3

In total, approx 600 participants (½-1-day)
- Youth leaders + managers, field workers + managers, local prevention coordinators, cannabis treatment workers, school counsellors, work-coaches + managers, special education officers, police

- Evaluations from all educations
Level 1: Common overall objective – A society free from illegal drugs and doping, with reduced alcohol-related medical and social harm, and reduced tobacco use

Level 2: Seven long-term objectives of lasting relevance (with follow-up key indicators)

1. Curtailing the supply of illegal drugs, doping substances, alcohol and tobacco
2. Protecting children against the harmful effects of alcohol, narcotic drugs, doping and tobacco
3. Gradually reducing the number of children and young people who initiate the use of tobacco, narcotic drugs or doping substances or begin drinking alcohol to early
4. Gradually reducing the number of people who become involved in harmful use, abuse or dependence on alcohol, narcotic drugs, doping substances or tobacco
5. Improving access by people with abuse or addiction problems to good quality care and support
6. Reducing the number of people who die or suffer injuries or damage to their health as a result of their own or other’s use of alcohol, narcotic drugs, doping substances or tobacco
7. Promoting a public health based, restrictive approach to ANDT in the EU and internationally

http://www.government.se/content/1/c6/18/03/81/d054fbfb.pdf
PREVENTION IN PRACTICE:

Infra-structure
Steering documents, funding, staffing, monitoring, action, follow-up, quality standards

The Human factor
Find and encourage dedicated people,
EDPQS Staff Development

Competence
Education systems, support from researchers